



# NEWSLETTER



**Pastor Henry & Joy Onyirioha**

## Ongoing / Upcoming Events

- **TEQUMAH Season**  
March – June
- **Midnight Battle Cry**  
– 10th to 12th April
- **Pray into the Month of May**  
– 30th to 3rd May
- **Manchester 2026 Conference**  
– 13th to 15th August

## Special events

- Afternoon Prayers
- Workers' Retreat
- September to Remember
- Prayer & Fasting Days
- Leaders & Ministers Retreat
- Annual Conference

## Regular events

- Sunday Charge:**  
8 pm UK Time (Every Sunday)
- Midnight Battle Cry:**  
11 pm UK Time –  
2nd Weekend of the Month
- Pray into the New Month:**  
11 pm UK Time (End of the Month /  
Beginning of the New Month)



## Pastoral Corner



Beloved Brethren,

Welcome to the glorious month of April.

As we celebrate Easter, we marvel at the empty tomb, which is the ultimate proof that nothing is too broken for God to fix (Jeremiah 32:27, Luke 1:37).

The Resurrection of Christ, is not just a historical event, or an anniversary to celebrate. It is **the cornerstone of God's restoration plan for you**. Just as Christ was raised from the dead, God is breathing new life into your weary places (Romans 8:11). This **Resurrection victory** assures us that everything that seems like a fall, or end in our lives, is simply a setup for a divine new beginning (Genesis 50:20).

We encourage you to stay plugged into what God is doing in Prayer Power network. **This is our Tequmah season. Tequmah means power to stand again** (Leviticus 26:37). It signifies, a rising from the ashes of the past fall, to stand tall in God's purpose. Join us for our Tequmah prayers, holding from March to June, as we dive deeper into this season of renewal. In every session, we arise to **pursue** in prayers, and to **overtake** the enemy, so that we can **recover** all that the enemy has stolen.

May you **experience your own Tequmah miracle** this month.

By the Resurrection power, **receive power to stand again**, and resist the enemy.

Stay blessed and expectant. Your restoration package is here!

## Pastor Henry & Joy Onyirioha

### Tequmah Testimony Employment Without Interviews

This is a testimony of God's mercy in my life during this Tequmah season. At the end of each prayer session, Pastor encourages us to ask God for something specific. Since the program began, I had been praying for a second job. I already have an afternoon-to-evening job that pays a full month's salary for only a few hours of work. However, I desired a role in my field.

Glory to God, He has done it. Without submitting any application, attending an interview, or being shortlisted, I received a call from my previous employer, and I was asked if I would be available to resume work on the 1st of April.

I am deeply grateful to God for what He has done for me.

Thank you, Pastor. God bless you, Sir.

M. Mabaso – South Africa 



## A Reflection for the Season

# The SUN and the STONE

Once upon a time, a heavy stone, was placed over the sun,  
And in a crypt with the stone over and dead, laid the sun  
The stone's master may have jested, we have stopped the sun  
But for a reason, the sun allowed himself to be killed and shut in  
The moon and stars could not find their light and were dismayed.

But one morning came, and the stone could no longer hold sway.  
Even before the moon and stars came to visit the dead sun,  
The stone had been rolled away to give way for the rising of the sun  
That morning marked a new dawn,  
The stone and its master were defeated.

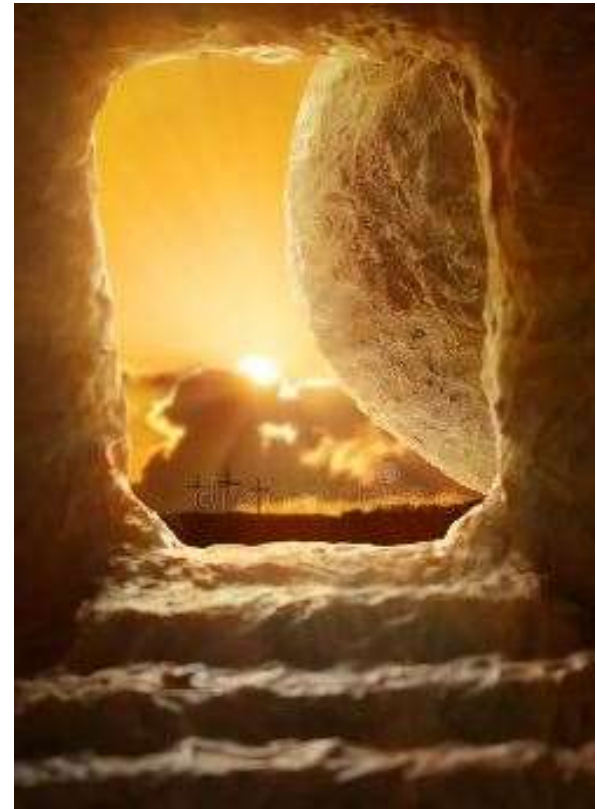
Barriers holding the sun down had been taken away  
And even death had been defeated with the rising of the sun  
That morning was the resurrection morning for the sun  
When the real Master, the Sun of Righteousness redeemed His own  
And for the world, salvation and victory, He secured.

And so, for us, who have accepted Christ as our Lord and Saviour, we know that even when faced with burdens and barriers as mighty as the stone that sealed in the Sun, our **God will work ahead of us to roll away the stones.** "... there was a great earthquake: for the angel of the Lord descended from heaven, and came and rolled back the stone from the door." (Matthew 28:2) The same resurrection power that raised Jesus from the dead, is still at work today, restoring souls.

As we commemorate Easter this season, we pray that **every stone of burden and limitation in your life is rolled away by the power of resurrection;** and the light of Jesus, the Sun of Righteousness, who is risen, fill your life and home to give you victory and rest on all fronts. \_"The Lord is my light and my salvation; whom shall I fear?" ( Psalm 27:1).

But if you are yet to receive Christ as your Lord and Saviour, accept Him now. Even as **He forgave** those who nailed Him to the cross **and granted eternal life** to the repentant man crucified beside Him, Jesus will forgive you and grant you eternal life, no matter your situation, if you pray this prayer: "Lord Jesus, I accept You as my Lord and Saviour. Have mercy upon me and forgive me all my sins".

**Halleluyah**, the stone is rolled away, and Jesus, the Sun of Righteousness is risen. **Happy Easter Celebrations!**



### Connect with PPN on Social Media



Contact us / Share your testimonies / Send Prayer Request to

**WhatsApp +447990348763**

Email : [contactus@prayerpowernetwork.org.uk](mailto:contactus@prayerpowernetwork.org.uk)

### Follow Pastor Henry's WhatsApp Channel

Please scan the QR Code



and tap the **Follow** button at the top right corner of your screen

**With Intentional Parenting**

**Coach Chukwudumebi Mary Orumgbe**  
**Parenting Expert, and author of**  
**Breastfeeding in the Marketplace**



In March, we brought you highlights from one of the speakers during the Intentional Parenting Program. This month, we bring you answers to some common but disturbing questions that parents have, as provided by the second speaker, Coach Mary.

**How do we help children process their emotions?**

Coach Mary emphasized that emotions are normal for child development. Rather than shutting them down, parents should guide children to manage the situation by encouraging children to **name the feelings, and express themselves through writing or drawing.**

**What should a parent do when a child suddenly stops communicating?** First, reflect. **Understanding the root cause is key** to rebuilding connection. It could stem from loss of trust, poor timing, or shame about an incident.

She also spoke on response to difficult questions asked by children. Parents should **applaud the child's thinking cap** and position themselves as the "first-tell," since children tend to believe the first explanation received. Parents can ask to talk about it later, then pray, and seek clarity before responding.

Another point raised is that Parents should **teach responsibility using logical or natural consequences.** If a child refuses to take his coat on a cold day, the natural consequence is, the child will be cold and learns that next time I have to take my coat. For Logical consequences, parents intervene to help the child learn.

She further stressed that intentional parenting requires a conscious, informed approach including:

- Understand each child's temperament and respond to their unique needs.
- Guide, don't impose. Support children toward careers aligned with their interests.
- Heal from personal past experiences to avoid transferring your wounds to your children.
- When you make mistakes, acknowledge the mistakes, apologize, and try not to repeat it.

In conclusion, parenting is a journey. Intentional parenting, is not about perfection, but about **being deliberate, reflective and responsive.**

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**Restoration of Mephibosheth**

In our April 'Pray into the Month' Programme, the account of Mephibosheth in 2 Samuel Chapter 9 was expounded to us.

In Day 1, Pastor Henry declared that just as Mephibosheth was remembered, our intentional **God will remember us** and bring back to life, every area where destiny has died.

Pastor Joseph emphasised in Day 2, that **because of the covenant** he had with his friend Jonathan, King David went ahead to show kindness to Mephibosheth, despite the lameness of Mephibosheth, which was a significant barrier to entering the Palace (2 Samuel 5:8). Nothing will disqualify you from your restoration in Jesus name. Amen.

The key message in Day 3 is that **God will restore us through thanksgiving and worship.** Pastor Henry gave the example of Job, a great worshipper, after losing everything, worshiped and blessed God in Job 1:21.

Apostle Jesse stated in Day 4, that while Mephibosheth's story mirrors the life of Christians today, his restoration under the old covenant, was not complete, because he was still lame. However, **in the new covenant restoration is complete, because of salvation by the blood.**

In Day 5, Pastor Henry taught that **thanksgiving is prophetic.** When you thank God, you declare joy over sorrow, life over death, abundance over lack, and testimony over trials. Your thanksgiving today is God's announcement of your tomorrow.

**Takeaway Prayer:** Father, You are the God of open doors. As I enter April, introduce me to opportunities greater than my qualifications, and beyond my age, in Jesus name. Amen.

If you missed any of the sessions, visit our YouTube channel to watch them.

**Restored 2026**

Scan QR Code



to register for the Manchester Conference